

**Third Sunday in Lent**  
**Lauds**

*Before the Office begins,  
it is praiseworthy to kneel, make the sign of the cross and then say silently the following prayers.*

*Aperi Domine*

Open my mouth, O Lord, to bless thy holy Name: cleanse my heart from all vain, evil, and wandering thoughts; enlighten my understanding and kindle my affections, that I may fittingly recite this Office with attention and devotion, and so may be meet to be heard before the presence of

thy divine Majesty, through Christ our Lord. Amen.

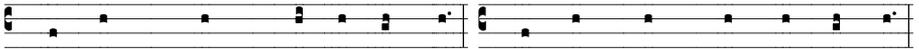
*The Prayer of St. Gertrude*

O Lord, in union with that divine intention wherewith thou thyself didst offer thy praises to God while upon the earth, I now recite this Office to thee.

*Stand when signaled. Say silently the Our Father and Hail Mary.*

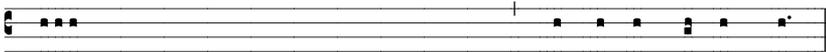
Our Father, who art in heaven, hallowed be thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail, Mary, full of grace, the Lord is with thee: Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners; now, and at the hour of our death. Amen



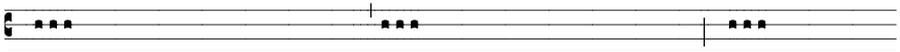
✠ O God, ✠ make speed to save me. ✠ O Lord, make haste to help me.

*Bow (women genuflect) while singing:*



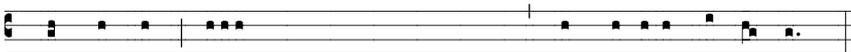
Glory be to the Father, and to the Son, and to the Holy Ghost.

*Stand upright.*



As it was in the beginning, is now, and ever shall be, world without

*During Septuagesima, instead of "Alleluia" the following is sung:*



end. Amen. Praise be to thee, O Lord, King of eternal glory.

Psalm 66. *Deus, misereatur nostri*



**G**OD be merciful unto • us, and  
bléss us, \*

*Be Seated.*

and shew us the light of his coun-  
tenance, and be merciful unto us;

<sup>2</sup> That thy way may be • known  
upón earth, \*

thy saving health among all na-  
tions.

<sup>3</sup> Let the peo- • ple praise thée, O  
God; \*

yea, let all the people praise thee.

<sup>4</sup> O let the nations re- • joice and  
bé glad; \*

for thou shalt judge the folk  
righteously, and govern the na-  
tions upon earth.

<sup>5</sup> Let the peo- • ple praise thée, O  
God; \*

let all the people praise thee.

<sup>6</sup> Then shall the earth bring •  
forth her íncrease; \*

and God, even our own God,  
shall give us his blessing.

<sup>7</sup> — • God shall bléss us; \*

*Stand.*

and all the ends of the world shall  
fear him.

*Bow (women genuflect) while singing:*

Glory be to the Fa- • ther and tó  
the Son, \*

and to the Holy Ghost.

*Stand upright.*

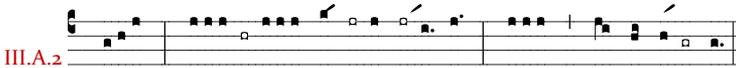
As it was in the beginning, † is  
now, and • ever shall be, \*

world without end. Amen.

**The Psalms**

Psalm 50. *Miserere*

*Antiphon 1: O be favorable and gracious.*



**H**AVE mercy upon me, O God,  
After • thy great góodness; \*

*Be Seated.*

according to the multitude of thy  
mercies do away • mine offénces.

<sup>2</sup> Wash me throughly • fróm my  
wickedness, \*

and • cleanse me fróm my sin.

<sup>3</sup> For I ac- • knówledge my faults, \*  
and my sin is e- • ver befóre me.

<sup>4</sup> Against thee only have I sin-  
ned, † and done this • évil in thy  
sight; \*

that thou mightest be justified  
in thy saying, and clear when •  
thou art júdg-ed.

<sup>5</sup> Behold, I was • shápen in wick-  
edness, \*

and in sin hath my mo- • ther  
concéiv-ed me.



- <sup>6</sup> But lo, thou requirest truth • in  
the inward parts, \*  
and shalt make me to under-  
stand • wisdom secretly.
- <sup>7</sup> Thou shalt purge me with hys-  
sop, and • Í shall bé clean; \*  
thou shalt wash me, and I shall be  
• whiter than snow.
- <sup>8</sup> Thou shalt make me hear of •  
jójy and gládness, \*  
that the bones which thou hast •  
broken máy rejoice.
- <sup>9</sup> Turn thy • fáce from mý sins, \*  
and put out • all my mísdeeds.
- <sup>10</sup> Make me a • cléan heart, Ó  
God, \*  
and renew a right spir • it within  
me.
- <sup>11</sup> Cast me not away • fróm thy pré-  
sence, \*  
and take not thy holy • Spirit fróm  
me.
- <sup>12</sup> O give me the comfort • óf thy  
hélp again, \*  
and stablish me with • thy free  
Spírit.
- <sup>13</sup> Then shall I teach thy ways un •  
tó the wícked, \*  
and sinners shall be con • verted  
únto thee.
- <sup>14</sup> Deliver me from blood-  
guiltiness, O God, † thou that  
art the • Gód of mý health; \*
- and my tongue shall sing • of thy  
ríghteousness.
- <sup>15</sup> Thou shalt • ópen my líps, O  
Lord, \*  
and my • mouth shall shéw thy  
praise.
- <sup>16</sup> For thou desirest no sacrifice,  
† else • wóuld I gíve it thee; \*  
but thou delightest not • in  
burnt-óff-er-ings.
- <sup>17</sup> The sacrifice of God is a •  
tróubled spírit: \*  
a broken and contrite heart, O  
God, • shalt thou nót despise.
- <sup>18</sup> O be favorable and gracious •  
únto Sión; \*  
build thou the walls • of Jerúsa-  
lem.
- <sup>19</sup> Then shalt thou be pleased with  
the sacrifice of righteousness, †  
with the burnt-offerings • and  
oblátions; \*
- Stand.*  
then shall they offer young bull-  
ocks up • on thine áltar.
- Bow (women genuflect) while singing:*  
Glory be to the • Fátter and tó  
the Son, \*  
and • to the Hóly Ghost.
- Stand upright.*  
As it was in the beginning, † is  
now, and • éver shall be, \*  
world • without énd. Amen.

*Antiphon 1: O be favorable and gracious unto Sion: build thou the walls of Jeru-  
salem.*

*Antiphon 2: The Lord.*



**O**GIVE thanks unto the Lord,  
for he is • grácious, \*

*Be Seated.*

because his mercy endur-• eth for éver.

<sup>2</sup> Let Israel now confess that he  
is • grácious, \*  
and that his mercy endur-• eth  
for éver.

<sup>3</sup> Let the house of Aaron now con-  
fess, \*  
that his mercy endur-• eth for éver.

<sup>4</sup> Yea, let them now that fear the  
Lord con-• féss, \*  
that his mercy endu-• eth for  
éver.

<sup>5</sup> I called upon the Lord in • tróu-  
ble; \*  
and the Lord • hëard mé at large.

<sup>6</sup> The Lord is on my • síde; \*  
I will not fear what man • doeth  
únto me.

<sup>7</sup> The Lord taketh my part with  
them that • hélp me; \*  
therefore shall I see my desire up-  
on mine énemies.

<sup>8</sup> It is better to trust in the •  
Lórd \*  
than to put any • confídence in  
man.

<sup>9</sup> It is better to trust in the • Lórd \*  
than to put any confi-• dence in  
prínces.

<sup>10</sup> All nations compass-ed me  
round a-• bóut; \*  
but in the Name of the Lord will  
• I destróy them.

<sup>11</sup> They kept me in on every side, †  
they kept me in, I say, on e-ve-ry •  
síde; \*  
but in the Name of the Lord will • I  
destróy them.

<sup>12</sup> They came about me like bees,  
† and are extinct even as the fire  
among the • thórns; \*  
for in the Name of the Lord I •  
will destróy them.

<sup>13</sup> Thou hast thrust sore at me, that  
I might • fáll; \*  
but the • Lord was my help.

<sup>14</sup> The Lord is my strength, and  
my • sóng, \*  
and is become • my salvátion.

<sup>15</sup> The voice of joy and health is in  
the dwellings of the • ríghteous; \*  
the right hand of the Lord bring-  
eth • mighty things to pass.

<sup>16</sup> The right hand of the Lord  
hath the pre-• éminence; \*  
the right hand of the Lord  
bringeth • mighty things to pass.

<sup>17</sup> I shall not die, but • líve, \*  
and declare the • wörks óf the  
Lord.

<sup>18</sup> The Lord hath chastened and  
cor-• récted me; \*  
but he hath not given me • over  
únto death.



<sup>19</sup> Open me the gates of • rí-  
ghteousness, \*  
that I may go into them, and give •  
thanks untó the Lord.

<sup>20</sup> This is the gate of the • Lórd; \*  
the righteous shall • enter into  
it.

<sup>21</sup> I will thank thee, for thou hast •  
héard me, \*  
and art become • my salvátion.

<sup>22</sup> The same stone which the  
builders • refús-ed \*  
Is become the headstone • in the  
córner.

<sup>23</sup> This is the Lord's • dóing, \*  
and it is marvel-• lous in óur eyes.

<sup>24</sup> This is the day which the Lord  
hath • máde; \*  
we will rejoice • and be glád in  
it.

<sup>25</sup> Help me now, O • Lórd; \*  
O Lord, send us • now prospé-  
rity.

<sup>26</sup> Bless-ed be he that cometh in  
the Name of the • Lórd; \*

we have wished you good luck,  
ye that are of the • höuse óf the  
Lord.

<sup>27</sup> God is the Lord, who hath shew-  
ed us • light; \*  
bind the sacrifice with cords, yea,  
even unto the horns • of the áltar.

<sup>28</sup> Thou art my God, and I will •  
thánk thee; \*  
thou art my God, and • I will  
práise thee.

<sup>29</sup> O give thanks unto the Lord; for  
he is • grácious, \*

*Stand.*

and his mercy endure • eth for éver.

*Bow (women genuflect) while singing:*

Glory be to the Father and to the  
• Són, \*  
and • to the Hóly Ghost.

*Stand upright.*

As it was in the beginning, † is  
now, and ever • sháll be, \*  
world • without énd. Amen.

*Antiphon 2: The Lord is on my side: I will not fear what man doeth unto me.*

*Psalm 62. Deus, Deus meus*

*Antiphon 3: My lips shall praise thee.*



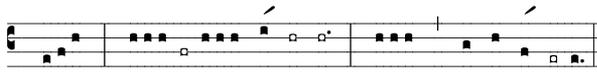
**O** GÖD, thou art my • Gód; \*  
*Be Seated.*

early • will I séek thee.

<sup>2</sup> My soul thirsteth for thee, my  
flesh also longeth • áfter thee, \*  
in a barren and dry land • where  
no wáter is.

<sup>3</sup> Thus have I looked for thee in •  
hóliness, \*  
that I might behold thy po-• wer  
and glóry.

<sup>4</sup> For thy loving-kindness is bet-  
ter than the life it-• self; \*  
my • lips shall práise thee.



<sup>5</sup> As long as I live will I magnify thee on this • mánnér, \* and lift up my • hands in thy Name.

<sup>6</sup> My soul shall be satisfi-ed, † even as it were with marrow and • fátness, \* when my mouth praiseth • thee with jóyful lips.

<sup>7</sup> Have I not remember-ed thee in my • béd, \* and thought upon thee when • I was wáking?

<sup>8</sup> Because thou hast been my • hélp-er, \* therefore under the shadow of thy • wings will Í rejoice.

<sup>9</sup> My soul hangeth up-• ón thee; \* thy right hand • hath uphólden me.

<sup>10</sup> These also that seek the hurt of my • sÓul, \* they shall go • under thé earth.

<sup>11</sup> Let them fall upon the edge of the • swórd, \* that they may be a por-• tion for fÓxes.

<sup>12</sup> But the King shall rejoice in God; † all they also that swear by him shall be com-• ménded, \*

*Stand.*

for the mouth of them that speak lies • shall be stóp-ped.

*Bow (women genuflect) while singing:*

Glory be to the Father and to the • Són, \* and • to the Hóly Ghost.

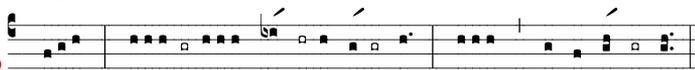
*Stand upright.*

As it was in the beginning, † is now, and ever • sháll be, \* world • without énd. Amen.

*Antiphon 3: My lips shall praise thee as long as I live, O my God.*

*The Song of the Three Children. Benedicite, omnia opera.*

*Antiphon 4: The fire.*



**O** ALL ye works of the • Lórd, bless yé the Lord: \*

*Be Seated.*

praise him, and magnify • him for éver.

<sup>2</sup> O ye Angels of the • Lórd, bless yé the Lord: \*

O ye Heav • ens, bless yé the Lord.

<sup>3</sup> O ye Waters that be above the Firma-• mént, bless yé the Lord: \* O all ye Powers of the • Lord, bless yé the Lord.

<sup>4</sup> O ye Sun and • Móon, bless yé the Lord: \*

O ye Stars of Heav • en, bless yé the Lord.



<sup>5</sup> O ye Showers and • Déw, bless yé the Lord: \*

O ye winds of • God, bless yé the Lord.

<sup>6</sup> O ye Fire and • Héat, bless yé the Lord: \*

O ye Winter and Sum • mer, bless yé the Lord.

<sup>7</sup> O ye Dews and • Frósts, bless yé the Lord: \*

O ye Frost and • Cold, bless yé the Lord.

<sup>8</sup> O ye Ice and • Snów, bless yé the Lord: \*

O ye Nights and • Days, bless yé the Lord.

<sup>9</sup> O ye Light and • Dárkness, bless yé the Lord: \*

O ye Lightnings and • Clouds, bless yé the Lord.

<sup>10</sup> O let the • Éarth bless thé Lord; \*

yea, let it praise him, and magnify • him for éver.

<sup>11</sup> O ye Mountains and • Hílls, bless yé the Lord: \*

O all ye Green Things upon the • earth, bless yé the Lord.

<sup>12</sup> O ye • Wélls, bless yé the Lord: \*

O ye Seas and • Floods, bless yé the Lord.

<sup>13</sup> O ye Whales, and all that move in the • wáters, bless yé the Lord: \*

O all ye Fowls of the • Air, bless yé the Lord.

<sup>14</sup> O all ye Beasts and • Cállle, bless yé the Lord: \*

O ye Children of • Men, bless yé the Lord.

<sup>15</sup> O let • Ísra-el bléss the Lord; \* praise him, and magnify • him for éver.

<sup>16</sup> O ye Priests of the • Lórd, bless yé the Lord: \*

O ye Servants of the • Lord, bless yé the Lord.

<sup>17</sup> O ye Spirits and Souls of the • Ríghteous, bless yé the Lord: \*

O ye holy and humble Men of • heart, bless yé the Lord.

<sup>18</sup> O Ananias, Azarias, and Misa • él, bless yé the Lord: \*

*Stand.*

praise him and magnify • him for éver.

*Bow (women genuflect) while singing:*

<sup>19</sup> Let us bless the Father and the Son, • ánd the Hóly Ghost; \*

praise him and magnify • him for éver.

*Stand upright.*

<sup>20</sup> Bless-ed art thou, O Lord, in the firma • mént of héaven; \*

and to be prais-ed, and glorifi-ed, and magnifi • ed for éver.

*Antiphon 4: The fire forgat his power and virtue, that thy children might be delivered unharmed.*

Psalm 148. *Laudáte Dominum*

*Antiphon 5: O ye sun and moon.*



**O** PRAISE the • Lórd of héaven: \*  
*Be Seated.*

— • praise him in the height.

<sup>2</sup> Praise him, all ye • Ángels óf his: \*

— • praise him, áll his host.

<sup>3</sup> — • Práise him, sún and moon: \*  
praise him, • all ye stárs and light.

<sup>4</sup> Praise him, • áll ye héavens, \*  
and ye waters that are a • bove the héavens.

<sup>5</sup> Let them praise the • Náme of thé Lord: \*

for he spake the word, and they were made; he commanded, and they • were created.

<sup>6</sup> He hath made them fast for • éver and éver: \*  
he hath given them a law which shall • not be bróken.

<sup>7</sup> Praise the • Lórd upón earth, \*  
ye dra • gons and áll deeps;

<sup>8</sup> Fire and hail, • snów and vápours, \*  
wind and storm, ful • filling his word;

<sup>9</sup> — • Móuntains and áll hills; \*  
fruitful trees and • áll céders;

<sup>10</sup> — • Béasts and all cáttle; \*  
worms and • feather-éd fowls;

<sup>11</sup> Kings of the earth, • ánd all péople; \*  
princes, and all • judges óf the world;

<sup>12</sup> Young men and maidens, old men and children, † praise the • Náme of thé Lord: \*

for his Name only is excellent, and his praise above • heaven ánd earth.

<sup>13</sup> He shall exalt the horn of his people: † all his • sáints shall práise him; \*

even the Children of Israel, even the peo • ple that sérveth him.

*Psalm 149. Cantáte Dómino*

O sing unto the • Lórd a néw song; \*

let the congregation of • sáints práise him.

<sup>2</sup> Let Isra-el rejoice in • hím that máde him, \*  
and let the children of Sion be • joyful in their King.

<sup>3</sup> Let them praise his • Náme in thé dance: \*

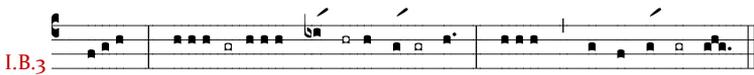
let them sing praises unto him with • tabret ánd harp.

<sup>4</sup> For the Lord hath pleasure • in his péople, \*  
and helpeth the • mEEK-héarted.

<sup>5</sup> Let the saints be • jóyful with glóry; \*

let them re • joice in théir beds

<sup>6</sup> Let the praises of • Gód be in their mouth; \*  
and a two-edg-ed • sword in théir hands;



7 To be aveng-ed • óf the héa-  
then, \*  
and to re • buke the péople;  
8 To • bind their kíngs in chains, \*  
and their nobles with • links of  
íron;  
9 That they may be aveng-ed of  
them • ás it is wríttén, \*  
Such ho • nor have áll his saints.

**Psalm 150. Laudáte Dominum**

O praise God • ín his hóliness: \*  
praise him in the firmament • of  
his pówer.  
2 Praise him • ín his nóble acts: \*  
praise him according to his ex •  
cellent gréatness.  
3 Praise him in the • sóund of the  
trúmpet: \*  
praise him up • on the lúte and  
harp.

4 Praise him in the • cýmbals  
and dânces: \*  
praise him up • on the stríngs  
and pipe.  
5 Praise him upon the well • tún-  
ed cýmbals: \*  
praise him upon the • löud cým-  
bals.  
6 Let every • thíng that háth  
breath \*

*Stand.*

• präise the LORD.

*Bow (women genuflect) while singing:*

Glory be to the • Fátther and tó the  
Son, \*  
and • to the Hóly Ghost.

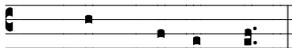
*Stand upright.*

As it was in the beginning, † is  
now, and • éver sháll be, \*  
world • without énd. Amen.

*Antiphon 5: O ye sun and moon praise ye the Lord: for his Name only is excel-  
lent.*

**The Chapter**

BRETHREN: Be ye therefore followers of God, as dear childrên; † and  
walk in love, as Christ also hath lôved us, \* and hath given himself for  
us, an offering and a sacrifice to God for a sweet-smelling savor.



℞. Thanks be to God.

**The Short Response**



He shall de-li-ver thee, \* From the snare of the hunter.



He shall de-li-ver thee, From the snare of the hunter.



∇ And from the noisome pestilence.



From the snare of the hunter.

*Bow (women genuflect) while singing:*



Glory be to the Father and to the Son and to the Holy Ghost.

*Stand upright.*



He shall de-li-ver thee, From the snare of the hunter.

### The Hymn



**N**OW *Christ, thou Sun of right-  
eousness,*  
Let dawn our darkened spirits bless:  
The light of grace to us restore,  
While day to earth returns once  
more.

Thou who dost give the accepted  
time,  
Give too, a heart that mourns for  
crime,  
Let those by mercy now be cured  
Whom loving-kindness long endured.

Spare not, we pray, to send us here  
Some penance, kindly but severe;

So let thy gift of pardoning grace  
Our grievous sinfulness efface.

Soon will that day, thy day, appear,  
And all things with its brightness  
cheer:  
We will rejoice in it, as we  
Return thereby to grace, and thee.

*Bow (women genuflect) while singing:*  
Let all the world from shore to shore  
Thee, gracious Trinity, adore;  
Right soon thy loving pardon grant,  
That we our new-made song may  
chant. Amen.

## The Versicle

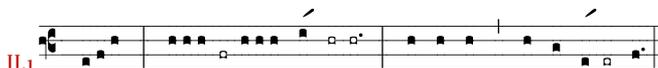


∇ God shall give his angels charge over thee.

℞ To keep thee in all thy ways.

## The Benedictus

*Antiphon: When a strong man armed.*



**B**LESS-ED be the Lord • Gód of Ísra-  
el; \*

for he hath visited and redeem-ed  
• his péople ;

AND HATH rais-ed up a mighty  
sal-• vátion fór us, \*  
in the house of his ser-• vant  
Dávid;

AS HE spake by the mouth of his •  
hóly Próphets, \*  
which have been since • the wórld  
began;

THAT WE should be sav-ed •  
fróm our énemies, \*  
and from the hand of all • that  
háte us.

TO PERFORM the mercy promis-ed  
• tó our forefáthers, \*  
and to remember his ho-• ly  
cóvenant;

TO PERFORM the oath which he  
sware to our • fórefather Ábra-  
ham, \*  
that he • would gíve us ;

THAT WE being delivered out of  
the • hánd of our énemies \*  
might serve him • withóut fear ;

IN HOLINESS and righteous-•  
néss befóre him, \*  
all the days • of óur life.

AND THOU child shalt be called the  
Prophet • óf the Híghest: \*

for thou shalt go before the face of  
the Lord to • prépare his ways ;

TO GIVE knowledge of salvation •  
únto his péople \*

for the remission • of théir sins,

THROUGH THE tender • mércy óf  
our God; \*

whereby the Day-Spring from on  
high hath vi-• sitéd us ;

TO GIVE light to them that sit in  
darkness, † and in the • shádw  
óf death, \*

and to guide our feet into • the  
wáy of peace.

*Bow (women genuflect) while singing:*

GLORY BE to the • Fátther and tó the  
Son, \*

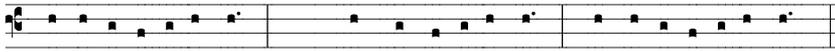
and to • the Hóly Ghost.

*Stand upright.*

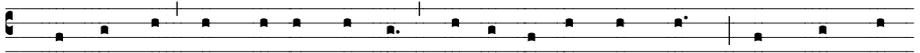
AS IT was in the beginning, † is  
now, and • éver shall be, \*  
wórld with-• out énd. Amen.

*Antiphon: When a strong man armed keepeth his palace, all his goods are in peace.*

### The Prayers



Ky-ri-e e-le-i-son. **℞** Chris-te e-le-i-son. Ky-ri-e e-le-i-son.



Our Father who art in heaven, Hallowed be thy Name. Thy Kingdom



come. Thy will be done, on earth as it is in heaven. Give us this day



our daily bread. And forgive us our trespasses, as we forgive those



who trespass against us. And lead us not into temptation.



**℞** But deliver us from **✠** evil.



**℣** The Lord be with you.

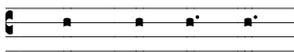


**℞** And with thy spirit.

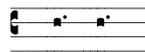


Let us pray.

*The collect is prayed, ending with the words:*



...world without end.

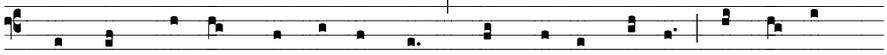


**℞** Amen

*Appointed commemorations are observed.*

## The Suffrage of All Saints

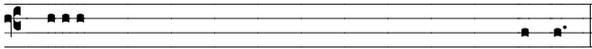
*Depending on the quality of the commemoration(s), the Suffrage of the Saints may be omitted.*



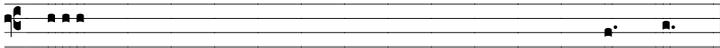
May the blessed Mother of God, † the Virgin Mary, and all the



Saints, intercede for us to the Lord.

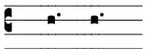


∇ The Lord hath made his Saints wonderful.



∇ And hath heard them when they call-ed upon him.

Let us pray. Defend us, we beseech thee, O Lord, from all perils of mind and body: and at the intercession of the blessed and glorious ever Virgin Mary, Mother of God, of the Holy Archangel Michael, of blessed Joseph, of thy blessed Apostles Peter and Paul, and of all Saints, graciously bestow upon us both peace and safety; that all adversity and error being done away, thy Church may serve thee in untroubled freedom, through the same Jesus Christ, thy Son, our Lord; who with thee in the unity of the Holy Ghost, liveth and reigneth God: world without end.



∇ Amen

## The Blessing



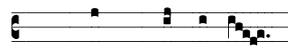
∇ The Lord be with you.



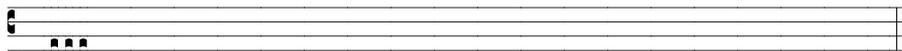
∇ Let us bless the Lord.



∇ And with thy spirit.



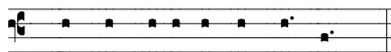
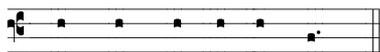
∇ Thanks be to God.



✠ May the souls † of the faithful, through the mercy of God, rest in peace.

℟. Amen

*The Our Father is said silently.*



✠ The Lord give us his peace.

℟. And life everlasting. Amen.

### The Marian Antiphon



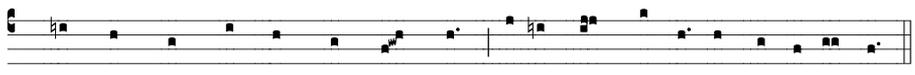
*Queen of the heavens, we hail thee* † Hail thee, Lady of all the Angels;



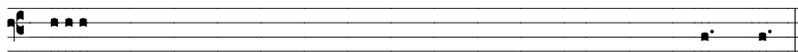
Thou the dawn, the door of morning Whence the world's true Light



is risen. Joy to thee, O Virgin glorious, Beautiful beyond all other; ,



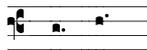
Hail and farewell, O most gracious, Intercede for us always to Jesus.



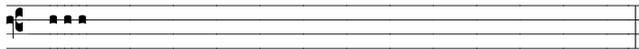
✠ Vouchsafe that I may praise thee, O holy Vir- gin.

℟. Give me strength against thine e- ne-mies.

<p>Let us pray. Grant us, O merciful God, protection in our weakness: that we who celebrate the memory of the holy Mother of</p>	<p>God; may, through the aid of her intercession, rise again from our sins. Through the same Christ our Lord.</p>
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℟. Amen.



∇ May the divine ✠ help remain with us always.

℞ And with our absent brethren.

*After the Office is ended, it is praiseworthy to say the following Prayers.*

**T**O the holy and undivided Trinity, To the crucified humanity of our Lord Jesus Christ, To the fruitful Virginity of the blessed and glorious ever Virgin Mary, And to the whole company of the Saints Be everlasting praise, honor, power and glory from every creature, And unto us the remission of all our sins for ever, world without end.

℞ Amen.

∇ Blessed is the womb of the Virgin Mary, which bore the Son of the Father eternal.

℞ And blessed are the paps which gave suck to Christ the Lord.

∇ Saint Michael the Archangel, defend us in battle:

℞ Be our protection against the malice and snares of the devil.

Let us pray. We humbly beseech thee, O God, to command him; and do thou, O prince of the heavenly host, by the divine pow-

er thrust into hell Satan and the other evil spirits who roam through the world seeking the destruction of souls.

℞ Amen.

**O** PRINCE most glorious, Michael the Archangel, keep us in remembrance: here and everywhere, always entreat the Son of God for us. Amen

*Say silently the Our Father and Hail Mary*

Our Father, who art in heaven, hallowed be thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail, Mary, full of grace, the Lord is with thee: Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners; now, and at the hour of our death. Amen